



**Empowering  
Independence**

## Making a Difference

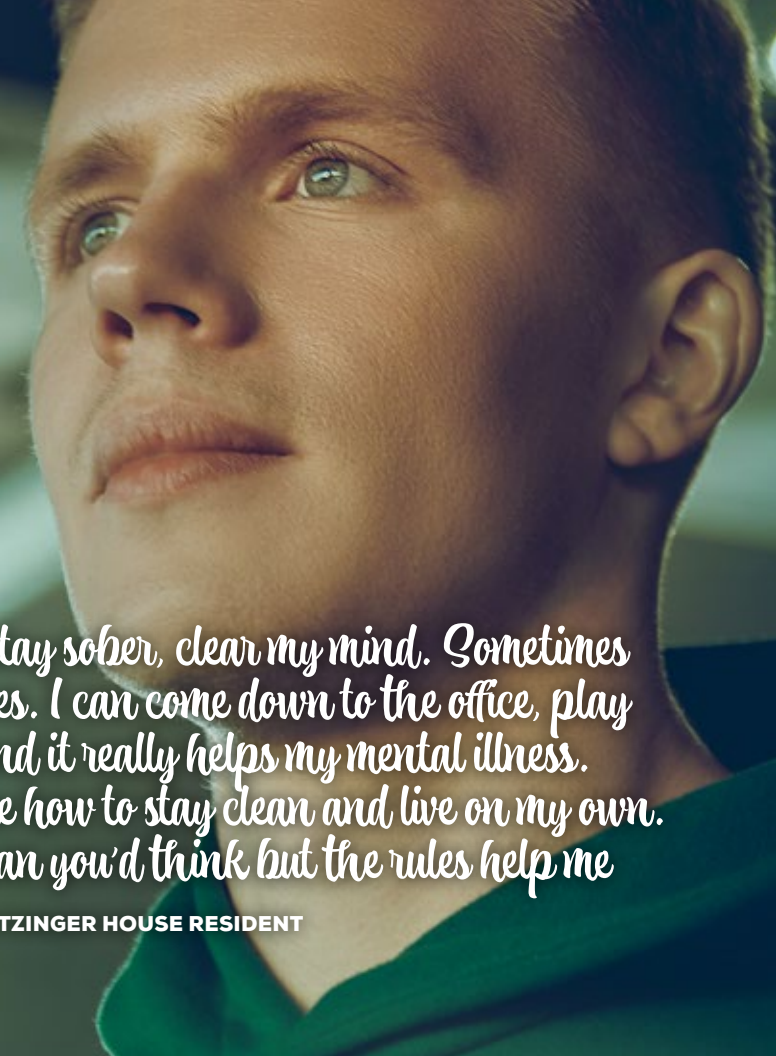
Bletzinger House breaks down barriers for individuals with mental illness by providing a pathway to recovery. Through personalized rehabilitation systems encompassing mental health, daily living skills, and community integration, Bletzinger House advocates growth in the areas of self-sufficiency and independence.

Comprehensive services make Bletzinger House a hub for personalized recovery and growth:

- ✓ Medication Observation
- ✓ Mental & Physical Health Monitoring
- ✓ Skill Development & Enhancement
- ✓ Wellness & Recovery Management

**Building Bridges to Recovery**

*"Bletzinger House helps me stay sober, clear my mind. Sometimes I have had days, hearing voices. I can come down to the office, play cards or chat with the staff and it really helps my mental illness. Bletzinger staff help teach me how to stay clean and live on my own. There is more freedom here than you'd think but the rules help me stay out of trouble."* **FORMER BLETZINGER HOUSE RESIDENT**



## Eligibility

Bletzinger residents must have a primary mental health diagnosis and should not be in a crisis stage. The eligibility criteria include being 18 years or older, maintaining non-threatening behavior toward oneself and others, and actively working toward sobriety for those with co-occurring substance addiction.

Additionally, residents are required to maintain regular contact with a social worker while committing to daily participation in groups and activities. Responsibilities include personal hygiene and household chores, commitment to fostering independence and potential for transition to more autonomous living.

20

3-year average number of residents served per year

19

total residents who progressed laterally or to more independence

30

total residents discharged

## Our Program

Established in 1964, Bletzinger Rehabilitation House provides mental health consumers a safe, accepting, and supportive atmosphere to learn and socialize with their peers. This discrete neighborhood structure comprises seven two-bedroom apartments and utilizes a client-centered, recovery-based approach to enhance daily living skills essential for independent living. Residents are encouraged to get involved and utilize communal space with ample opportunities to socialize, exercise, read, listen to music, and engage in clubs and other activities.



## A Day in the Life....

The residents at Bletzinger House enjoy a strong sense of community fostered through shared meals and social activities. Participants form genuine connections and create a supportive network to help guide them through challenges.

Through a diverse range of therapeutic and recreational activities, residents are able to explore and develop their interests, whether through therapy, staff and peer support or paid job or volunteer opportunities.



Know someone who would benefit from a transitional living facility designed for adult mental health consumers, featuring apartment-style accommodations and a warm, social atmosphere?

**Get in  
touch  
today.**

# Bletzinger House makes a difference.

Bletzinger House is a private, non-profit Community Based Residential Facility (CBRF) that provides transitional living support for individuals diagnosed with mental illness, including substance use disorder. Through caring advocacy and the opportunity to learn coping and social skills, the staff and leadership at Bletzinger House compassionately guide residents toward more independent living.



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